





Center Point-Urbana Breakfast and Lunch Menus

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Breakfast includes your choice of 100% fruit juice or chilled fruit, 1%, skim or skim chocolate milk, and toast with peanut butter and/or jelly. Choices for milk also offered with lunch.</p> <p>WG=Whole Grain</p>		<p>1 Choice of cereal/ oatmeal</p> <p>Roast turkey <u>HS & MS alternate:</u> Baked ham</p> <p>Mashed potatoes/gravy Fresh-baked wheat roll Chilled mandarin oranges & pineapple</p>	<p>2 WG French toast/syrup</p> <p>Shredded BBQ pork on WG bun <u>HS alternate:</u> Hot & Spicy chicken on WG bun Tostitos w/ salsa Fresh veggies/dip Apple crisp</p>	<p>3 Ham & egg on WG biscuit</p> <p>Chicken noodle soup/crackers <u>HS & MS alternate:</u> Cook's choice soup Grilled cheese sandwich Tossed salad/dressing Raspberry sherbet</p>
<p>6 Whole wheat bagel/cream cheese, yogurt</p> <p>Sausage pizza on WG crust <u>HS alternate:</u> Beef & bean burrito Fresh baby carrots/dip Cinnamon applesauce Vanilla or chocolate frozen yogurt</p>	<p>7 Breakfast pizza</p> <p style="text-align: center;">Cook's choice menu TBA</p>	<p>8 Choice of cereal/ oatmeal</p> <p>(Cheese)burger on a WG bun <u>HS alternate:</u> Breaded fish nuggets/tartar sauce Oven-baked fries Seasoned green beans Blushing pears</p>	<p>9 Scrambled eggs</p> <p>Breaded chicken on WG bun (lettuce, low-fat mayo) <u>HS & MS alternate:</u> PB&J Uncrustable Parsley potatoes Strawberries White cake with whipped topping</p>	<p>10 WG waffles/fruit, cheese cubes</p> <p>WG French toast/syrup <u>HS alternate:</u> Egg & cheese on WG biscuit Sausage links Trix yogurt Optional: 100 % fruit juice Fresh orange wedges</p>
<p>13 WG French toast/syrup</p> <p>BBQ rib sandwich on WG bun <u>HS & MS alternate:</u> Deli sandwich on WG sub bun Pretzels Fresh veggies/dip Minute maid juice bar</p>	<p>14 WG blueberry muffin, yogurt</p> <p>Walking taco (salsa, sour cream, lettuce) <u>HS alternate:</u> Baked potato bar WG Mexican rice Seasoned corn Jello with fruit</p> 	<p>15 Choice of cereal/ oatmeal</p> <p>Cheese pizza on WG crust <u>HS alternate:</u> Grilled chicken on WG bun Celery/peanut butter or Ranch dressing Mandarin oranges Chocolate chip cookie</p>	<p>16 Sausage gravy/WG biscuit</p> <p>Corndog <u>HS & MS alternate:</u> Pizza burger on a WG bun Baked Lay's potato chips Baked beans Fresh bananas and strawberries</p>	<p>17 Cheese omelet</p> <p>WG spaghetti with meat sauce <u>HS alternate:</u> Chicken Alfredo over WG pasta Garlic breadstick Tossed salad/dressing Chilled peaches</p>
<p>20 NO SCHOOL President's Day</p> 	<p>21 Breakfast pizza</p> <p>Chicken nuggets/dipping sauce <u>HS alternate:</u> Smoked cheddar brat on WG bun Mashed potatoes Seasoned green beans Fresh pear wedges</p>	<p>22 Choice of cereal/ oatmeal</p> <p>Cheese pizza on WG crust <u>HS alternate:</u> Cook's choice TBA Tossed salad/dressing Chilled peaches Ice cream with toppings</p>	<p>23 Cinnamon roll, sausage links</p> <p>Creamy chicken gravy over WG biscuit <u>Alternate:</u> Sweet & sour chicken over rice Seasoned mixed veggies Fresh orange wedges Oatmeal cookie</p>	<p>24 WG pancakes/syrup links</p> <p>Breaded fish sandwich on WG bun (cheese, lettuce, tartar sauce) <u>HS & MS alternate:</u> Grilled chicken on WG bun Creamy coleslaw WG Goldfish crackers</p>
<p>27 Egg & cheese on WG biscuit</p> <p>Hot dog on a WG bun <u>HS & MS alternate:</u> (Cheese)burger on a bun (lettuce, tomato, pickle) Baby carrots/dip Grapes Frosted chocolate cake</p>	<p>28 Pancake/sausage bites</p> <p>Goulash <u>HS alternate:</u> Fruit & yogurt parfait with granola Garlic breadstick Seasoned corn Mandarin oranges & pineapple</p> <p style="text-align: center;">*12:45 Early Out</p>	<p>29 Choice of cereal/oatmeal</p> <p>Hot ham & cheese/WG bun <u>HS alternate:</u> Chef salad with turkey & egg, crackers Oven-baked fries Fresh broccoli & cauliflower/dip Chilled pears</p>	<p>Milk-\$.30, Breakfast (K-12)-\$1.20, Lunch (PK-4)-\$1.90; (5-12)-\$2.05</p> <p>*Menus subject to change*</p> <p>Please share your ideas and suggestions with us! drawson@cpuschools.org</p>	